



Castle Mountain Resort

School Group Parent and Chaperone Information Sheet

Thank you for volunteering to come out with your children to help make their day at Castle Mountain Resort a success! To help everything run smoothly, we have compiled some information you should be familiar with before the date of your visit.

Our School Program

Our certified instructors are all well trained and experienced in running our School Group program. Once your students have arrived safely at the mountain, we will have instructors positioned throughout the base area to greet students and direct them to where they need to be.

Some important things for you to know:

Our School Group program has been designed in accordance with the ASBIE guidelines for school trips and the Safety Guidelines for Physical Activity in Alberta Schools. These guidelines state that:

- i. EVERY student **must** participate in a lesson
- ii. Student access to lifts must be monitored by our certified ski and snowboard instructors

These measures, taken to prevent injury and to adhere to the school board's insurance policy, cannot be circumvented by a parent/chaperone.

Schedule

8:00-9:00am Arrival by bus or car

By bus - Students will be directed to stay on the bus until an instructor comes on board to greet them, give an overview of their day, and hand out lift tickets

By car - Please sit in the SAME area in the Day Lodge as other families/students from your school. An instructor will visit your group to greet students and hand out lift tickets.

Adult/Chaperone lift tickets will be given to the supervising teacher and will be handed out accordingly. Please see your supervising teacher if you need a lift ticket.

9:00am As students collect their rental equipment and head outside, an instructor will direct them to either a beginner lesson or the Stamp Test

Beginners -> Beginner lessons will commence from the Trail Map in the base area

Int./Advanced -> The first Stamp Test will commence from the top of the Green chairlift – this is for ALL intermediate and advanced skiers and snowboarders

Please Note: ALL skiers and snowboarders MUST check in with an instructor before heading up the lift

10:30-11:00am Intermediate and Advanced lessons will commence from the Trail Map in the base area. The exact lesson time will vary day to day but every student who has been through the morning Stamp Test will have their lesson time and lesson designation written on the back of their lift pass.



1:30pm

2nd Stamp Test – this is for students who have spent the morning practicing on the Green chairlift and want to try for their Huckleberry stamp. **ONLY** Huckleberry stamps will be given during this Stamp Test.

** Stamps for the Blue or Red chairlifts can **only** be earned during lessons.

End of the day: (As arranged with your school/bus drivers) Students must return all rental equipment **to the Rental Shop**

Our priority is to get all visiting students on the snow as quickly as we can so they can get the most out of their exciting trip to Castle Mountain! If you have any questions throughout the day, please first consult your supervising teacher.

Ability Assessment Chart

LEVEL	SKIING	SNOWBOARDING
1	<ul style="list-style-type: none"> No experience or still working on speed control and turning 	<ul style="list-style-type: none"> No experience or still working on speed control with side slipping
2	<ul style="list-style-type: none"> Able to control speed and link turns on steeper Green runs, Tumbleweed off the Huckleberry chairlift 	<ul style="list-style-type: none"> Can pendulum down steeper Green runs, able to turn edge to edge at slow speeds Has been up the Huckleberry chairlift
3	<ul style="list-style-type: none"> Starting to ski parallel at end of turn, working on pivoting to create separation Huckleberry: Tumbleweed and Buffalo Flats 	<ul style="list-style-type: none"> Able to turn edge to edge, steering with the lower body Huckleberry: Tumbleweed, Buffalo Flats
4	<ul style="list-style-type: none"> Skis parallel throughout the turn, working on maintaining balance on outside ski, pole planting, edge grip on steeper terrain Huckleberry: Tumbleweed, Pony Express, Lone Ranger Sundance: North and South Roads 	<ul style="list-style-type: none"> Able to turn continuously down steep Green runs, working on basic freestyle skills and progressing to steeper terrain Huckleberry: Tumbleweed, Pony Express, Lone Ranger Sundance: North Rd. Tamarack: Bandito, Sendero
5	<ul style="list-style-type: none"> Strong parallel skier, has separation between upper and lower body with edge grip Sundance: South Rd., Centre Tamarack: Sheriff, Bandito, Sendero 	<ul style="list-style-type: none"> Able to carve, linking turns of varied shape and size, comfortable riding switch Sundance: Centre Tamarack: Sheriff, Bandito, Sendero

Enjoy your day!

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